About Your New Cat
Animal Care & Control of NYC (AC&C) is the largest pet organization in the Northeast, caring for nearly 40,000 rescued animals each year. A non-profit organization since 1995, AC&C has contracted with NYC to manage the City’s municipal shelter system. We rescue, care for and find homes for homeless and abandoned animals in NYC at our full-service Animal Care Centers.

Our Mission  
To promote and protect the health, safety and welfare of pets and people in NYC.

Ways to Give and Volunteering for AC&C  
There are many ways to continue to help the homeless animals in NYC. If interested in learning more about how you can get involved, please visit www.nycacc.org for more information on our Donation and Volunteer Programs.

Dear New Adopting Family,

Thank you so much for opening your heart and your home to a wonderful pet from an Animal Care & Control of NYC (AC&C) Care Center! We hope that this will be the beginning of a long and happy life together, and we have the following suggestions to help ensure things start off smoothly with your new pet. If you have any further questions, please visit us at www.nycacc.org.

It is strongly recommended that you keep your new cat or dog away from other pets in the household for the first two weeks, although you will be very excited to bring your new pet home and introduce them to the family right away. This is important to allow them to slowly get to know each other and develop a friendly relationship. Please refer to our flyer, “Introducing a New Cat”, for more information about introducing your new pet to your household. It is also very important to minimize the chances of your current pets catching a cold or an infection from your new pet, even if everyone appears healthy.

Every cat and dog that comes to an AC&C Care Center is given one or more vaccines to help protect them from several different common illnesses. Vaccines work by stimulating a protective response by the animal’s immune system, but it may take 5 to 7 days until an animal is adequately protected. Vaccines are critical in minimizing the risk of disease, but they are not a guarantee and do not provide 100% protection. Some animals arrive at our Care Centers already sick, or have been exposed to disease but are not yet showing signs that they are ill. In these cases, the vaccine will not be able to cure or prevent the illness.

Please make an appointment with a veterinarian to have your new pet examined within the first 10 days following adoption. You may use the complimentary exam certificate at one of the participating veterinary facilities or, at your own expense, make an appointment with a different veterinarian of your choosing. It is very important to schedule this initial examination even if your pet appears to be healthy so that you can discuss a wellness plan that is
specifically designed for your pet, including which vaccinations he or she may need and any preventive medicines that are recommended.

Remember to enroll your microchip. The microchip, which is about the size of a grain of rice, was implanted at the shelter when you adopted your pet. It provides permanent identification, in conjunction with a collar and identification tags, to help reunite your pet with you in the event that he or she becomes lost. However, the microchip will only help you find your lost pet if you enroll it in the database with your contact information. This is a one-time process that only needs to be repeated if your contact details change but can truly be life-saving for your pet. Information on the microchip, including how to enroll it, has been provided at the time of adoption.

Remember to activate your pet insurance. You have been provided with a complimentary pet insurance policy to help cover your pet’s medical needs, should they arise, in the 30 days following adoption. You must activate this policy in order to ensure coverage, and this must be done before your pet becomes sick or gets injured. The information on this policy was provided to you at the time of adoption. Please call to activate this insurance as soon as you get home to be sure it is current in the event you need to use it.

Ask for assistance if you have questions or concerns about your new pet. In addition to consulting with your veterinarian, please contact Pets for Life if you have questions about your new pet’s behavior, introducing them to your family, or other concerns. In many cases they will be able to provide you with helpful information or even other resources, such as training classes, to help address your concerns and keep your new pet happy and healthy at home with you. A Pets for Life volunteer may be reached by calling (917) 468-2938.

Sincerely,

AC&C

Common Cat Viruses

AC&C animals arrive at our Care Centers as strays and owner surrenders. We do not always know their medical or behavioral history and, as indicated in the contract you signed, we cannot guarantee their health or temperament. Below is a list of common or serious diseases that may be found in shelter cats with unknown medical histories. If you see any symptoms of the below, please contact a veterinarian.

Panleukopenia
Symptoms: Vomiting, diarrhea, high fever, loss of appetite.
Transmission: Direct or indirect contact with fecal matter, seen in unvaccinated cats and kittens, but most common in kittens less than 6 months of age.
Treatment: Adults may have relatively mild disease, but kittens are more likely to develop severe and often fatal infections. Aggressive intensive care treatment including IV fluids and antibiotics is necessary.

Rhinotracheitis and Calici
Symptoms: Sneezing, nasal discharge, red puffy eyes, ocular discharge.
Transmission: Contact with saliva and respiratory secretions, direct cat-to-cat contact. Many cats have previously been exposed to the rhinotracheitis virus and develop latent infections that may be reactivated with stress.
Treatment: Mild cases will typically resolve without treatment. More severely affected cats and kittens may require oral antibiotics, eye ointment, and fluids and nutritional support.

Please remember to utilize your free 10-day wellness exam and to activate your 30-day free health insurance so you can address any of your new pet’s medical concerns.
Vaccination(s) Your New Pet Received While at AC&C’s Animal Care Center

Cats are given a 3-in-1 FVRCP vaccination, commonly known as the “distemper shot.” This includes rhinotracheitis and calici viruses, which are common causes of upper respiratory infections, and panleukopenia.

New York City and State laws require that all animals 3 months of age and older receive a rabies vaccination.

Since AC&C does not have vaccination histories on many of the animals that come into the Care Centers, we recommend that all adult animals receive a booster vaccination 2 to 4 weeks after the vaccine(s) were administered at the Care Center.

AC&C recommends that kittens less than 16 weeks of age receive a booster vaccination every 2 to 4 weeks, until they are at least 16 weeks of age.

All booster shots are the financial responsibility of the new pet owner and should be arranged through your regular veterinarian.

Spaying/Neutering Your Cat

Females should be spayed before they become sexually mature, before reaching 4 to 6 months of age. Spaying a female (removing the ovaries and uterus) helps prevent breast cancer, which can be fatal 90% of the time. It also helps prevent pyometra (uterine infection), a very serious problem in older females that must be treated with surgery and intensive medical care. Spaying also prevents unwanted animals from being born.

Neutering a male (removing the testicles) can reduce marking, decrease the urge to escape outside to look for a mate and reduce fighting between males.

Spay/Neuter Release Instructions

1. Your pet has had general anesthesia today and may be unsteady on his or her feet this evening. Restrict access to stairs and high furniture to avoid any accidental falls or injuries.

2. Please provide your pet with fresh, clean water. You can offer them a small meal in the evening, and then begin feeding normally in the morning. Anesthesia can make pets nauseous, so do not offer a large meal. If your pet vomits, do not offer them more food until the following morning.

3. Watch your pet for any vomiting, diarrhea, loss of appetite, or decreased energy levels. Some pets may vomit the evening of surgery but this should not continue. If you notice any of these signs or other signs of illness, please make an appointment to have your pet seen by a veterinarian. You may use the exam certificate provided to you at the time of adoption for a free office call at a participating veterinary clinic within 10 days of adoption.

4. Do not allow your pet to lick or scratch the incision site. If your pet is bothering his or her incision, you may need to get an Elizabethan collar for them. For female cats, the incision will be on the ventral abdomen (belly). For male cats, the incision will be under the tail, just below the anus.

5. Check the incision daily. If you notice any discharge, heat, swelling, or redness you should have your pet seen by a veterinarian. You may use the exam certificate provided to you at the time of adoption for a free office call at a participating veterinary clinic.

6. Unless otherwise noted, the stitches are absorbable and do not need to be removed.

7. Do not bathe your pet for the next 10 days.

8. Your pet's exercise should be restricted for the next 7-10 days to allow him or her to heal. Running, jumping, and rough play should not be permitted.
9. If your pet has been sent home with medication, be sure to follow all directions on the label. Many medications need to be kept in the refrigerator and shaken well before they are administered. Give the medication for the entire time indicated by the instructions, even if your pet does not appear to be sick.

General Cat Care

Before you bring your cat home
You will need: cat food, food dish, water bowl, interactive toys, brush, comb, bed, safety cat collar, scratching post, a litter box and kitty litter.

Feeding
You should feed your cat a high-quality cat or kitten food appropriate for his or her life stage; food should be offered one to four times a day as appropriate for your pet. Provide fresh, clean water at all times and be sure to wash and refill the water bowls daily.

You can either feed specific meals, throwing away any left-over canned food after 30 minutes, or free-feed dry food (keeping food out all the time). All cats should be fed a diet specific to their life stage and health.

Some kittens will be hesitant to eat kitten food. In these cases you can feed them kitten milk replacer or human baby food for a short period of time. Baby food should be a turkey or chicken variety and must not have any onions, garlic, or powders made from them listed in the ingredients as that can make cats very ill. Gradually mix in increasing amounts of kitten food to the milk replacer or baby food over a few days’ time until your pet is eating kitten food only. Avoid offering cow’s milk as it can cause diarrhea in cats and kittens.

Diarrhea is common in newly adopted pets. It can be helpful to gradually change your pet’s food over to the new diet you choose to feed over 5 to 7 days by mixing in small but increasing amounts of the new food. If you do notice that your pet is having diarrhea, please make an appointment to have him or her seen by your veterinarian for exam and, if needed, for testing to determine the underlying cause(s).

Grooming
Most cats stay relatively clean and rarely need a bath, but they do need to be brushed and combed. Frequent brushing helps keep your cat’s coat clean, reduces the amount of shedding and cuts down on the incidence of hairballs. Regular brushing is particularly important for cats with longer coats.

Handling
To pick up your cat, place one hand behind the front legs and another under the hindquarters. Lift gently. Never pick up a cat by the scruff of the neck (nape of the neck behind the ears) or by the front legs without supporting the rear end.

Housing
Please keep your cat indoors. If your companion animal is allowed outside, he or she may contract diseases, get fleas or other parasites, become lost, get hit by a car or hurt in a fight or be poisoned. Cats should have a clean, dry place of their own in the house. Line your cat’s bed with a soft, warm blanket or towel. Be sure to wash the bedding regularly.

Identification
Whether or not your cat is permitted outdoors, your cat needs to wear a safety collar and ID tag. A safety collar with an elastic panel will allow your cat to break loose if the collar gets caught on something. An ID tag and implanted microchip can help ensure that your cat is returned if she becomes lost.

Litter Box
All cats need access to at least one litter box, which should be placed in a
quiet, accessible location. A bathroom or utility room is a good place for your cat's box. In a multi-level home, one box per floor and at least one box per cat are recommended. Avoid moving the box unless absolutely necessary; then, do so slowly, a few inches a day. Most cats won't use a messy, smelly litter box. Scoop solids out of the box at least once a day. Dump everything, wash with a mild detergent (don't use ammonia) and refill at least once a week for clay litter, but less frequently if using clumping litter. Don't use deodorants or scents in the litter or litter box (especially avoid lemon scent) as they can be offensive or even toxic to cats.

Play
Cats delight in stalking imaginary prey. The best toys are those that can be made to jump and dance around and look alive. Your cat will act out her predator role by pouncing on toys instead of people's ankles. Don't use your hands or fingers as play objects with kittens. This type of play may cause a biting and scratching problem to develop as your kitten matures.

Claws
Cats need to scratch. When a cat scratches, the old outer nail sheath is pulled off and the sharp smooth claws underneath are exposed. Cutting your cat's claws every 2 to 3 weeks will keep the nails relatively blunt and less likely to harm arms and furniture.

Scratching
Provide your cat with a sturdy scratching post, at least 3 feet high, which allows the cat to stretch completely when scratching. It should also be stable enough that it won't wobble when being used. It should be covered with rough material such as a sisal, burlap or tree bark to further prevent household destruction. Cats also like scratching pads. To train a cat to use a post or a pad, rub your hands on the scratching surface and then gently rub the kitty's paws on the surface. When the cat starts to scratch furniture or rugs, gently say no and lure her over to the scratching post. Praise your cat for using the scratching post or pad. A sprinkle of catnip once or twice a month will keep your cat interested in it.

Health
Your cat should see the veterinarian at least once a year for an examination, and immediately if she is sick or injured. Your veterinarian will recommend which vaccines and other preventive medicines may be necessary for your cat.

Medicines and Poisons
Cats are very sensitive to a number of common medications, products, and plants commonly found in and around the home. For example, Tylenol® is fatal for cats and giving aspirin to your cat can result in severe illness or even death. Anti-freeze, rodenticides (rat poison), and many cleaning products are highly poisonous and should be kept away from your pet at all times. Many common household plants can cause illness and sometimes death in cats who inadvertently ingest them.

You should never give any medication to your cat or kitten unless it is under the supervision of a veterinarian. If you suspect that your cat or kitten may have ingested a poisonous substance or are unsure if a product he or she has eaten is poisonous, call your veterinarian or the National Animal Poison Control Center immediately at (888) 426-4435 for information and instructions on what to do (note that a consultation fee may apply). Further information regarding poisons can be found at their website: http://www.aspca.org/pet-care/poison-control/.

Ear Mites
These tiny parasites are common in cats, and can be transmitted from cat to cat. If your cat is scratching at his or her ears, shaking his or her head, or has dark brown or black gritty debris in the ears, he or she may have ear mites. You will need to call for a veterinary appointment, as your cats ears will need to be thoroughly cleaned before medication is dispensed. Ear mites are contagious to other pets in the household.

Fleas and Ticks
Fleas and ticks are a problem that should be taken seriously. These tiny
parasites feed off of our pet, can transmit many diseases and irritate the skin. Carefully check your cat once a week for fleas and ticks. If there are fleas on your cat, there will be fleas and flea eggs in your house. Consult your veterinarian. There are several new methods of flea and tick control. You may need to use flea bombs or premise-control sprays, and you will need to treat all animals in your house. Make sure that any sprays, powders or shampoos you use are safe for cats and that all products are compatible if used together. Cats die every year due to being treated improperly with flea and tick control products.

Feline Leukemia Virus (FeLV) and Feline Immunodeficiency Virus (FIV) Infections
FeLV is a common viral infection of cats. It is spread primarily in the saliva from cat to cat in close physical contact with each other or who share food and water bowls. It can also be spread through blood transfusions and in utero to kittens. FeLV infections can result in cancer and suppression of the immune system, leading to a variety of secondary infections. Sadly, there is no effective treatment or cure for FeLV and most infections eventually become fatal.

FIV is also a common viral infection of cats. It is spread primarily through deep bite wounds inflicted during fighting with other cats. It can also be spread through blood transfusions but is rarely spread from a queen to her kittens. FIV infections can result in an immunodeficiency syndrome similar to AIDS in people, but many cats will remain healthy and unaffected. As with FeLV, there is no cure for FIV and treatment is supportive.

Your cat can be screened for both FeLV and FIV with a simple blood test which is offered at the time of adoption. If you elected to have this test performed at AC&C before you took your cat home, please be sure to follow-up with your veterinarian to see if a second test is necessary. If you did not have this test performed, AC&C strongly recommends that you speak to your veterinarian and have your cat checked for these two very serious infections particularly before you introduce your new pet to other cats.

Upper Respiratory Infections
Upper respiratory infections are common in cats that have spent time with other cats in close quarters (such as at a boarding facility or an animal shelter). Like the common cold in people, most upper respiratory infections are mild and will resolve with treatment in a short period of time, but it is important to have your pet seen by your veterinarian if you notice any coughing, sneezing, nasal discharge, or red or runny eyes.
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